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103 Hikes in Southwestern British Columbia
Jack Bryceland 2009-07-01 Since its publication in 1973, 103 Hikes in Southerwestern British Columbia has sold over 120,000 copies, guiding novices and experts alike around lakes, rivers, and mountains from the North Shore and Howe Sound to Squamish, Whistler and Pemberton, and east to the Fraser Valley and Hope-Manning Park. Engagingly written, meticulously detailed, and thoughtfully organized by area, 103 Hikes is the ultimate, indispensable guide for trekking in all seasons. Two-color maps make route finding easier, and comprehensive indexes help ensure that a trail choice is right for the season. For each trail author Jack Bryceland indicates: time frames and suggested fitness levels information on how to get to the trailhead distance and elevation gain estimated hiking times points of natural or historical interest 103 Hikes includes trails from the Ashlu and Elaho valleys, as well as expanded sections on Pemberton and the Chilliwack River, providing fresh paths of discovery for readers of previous editions.

Ski 1997-05

The Bugaboos Guide Chris Atkinson 2003

Destination Hikes Stephen Hui 2021-05-11 Discover 55 of the most beautiful hikes near Vancouver, each with an exciting destination to reward your efforts. Planning your next hiking journey in beautiful British Columbia? This new book from the bestselling author of 105 Hikes will show you how to reach the most breathtaking hiking destinations in the province. 55 new day trips: celebrate nature big and small with astonishing hikes you can do in one day. Large geographical area: the book covers Duffey Lake and the Stein Valley in the north, Washington's Cascade Mountains in the south, Nanaimo and the Gulf Islands in the west, and Manning Park and the Coquihalla in the east. Diverse destinations: including astonishing views, swimming holes, beautiful rivers and lakes, and even a 600-year-old tree. History and ecology: the author acknowledges the Indigenous territory each trail crosses, and points out nearby museums, wetlands, temples, and memorials. Giving back: A portion of the author's royalties will go to the Hope Mountain Centre for Outdoor Learning to support trail building and maintenance. With each hike, bestselling author and seasoned BC hiker Stephen Hui shares everything you need to know to make your day a success. Bonus features include: A photograph of every hike Topographic maps Difficulty

ratings At-a-glance summaries of special features Recommendations for kids and families, and shoulder season.

Southern Alberta Backroad Mapbook

Russell Mussio 2017-11-25 From the imposing, world-famous peaks of the Rocky Mountains in the west to the seemingly endless fields of wheat and canola in the east, Southern Alberta is a land of great contrast, with recreation opportunities as diverse as its landscape. The Rockies are the most dramatic part of this region and attract hikers, campers and mountaineers from across the globe, while anglers and whitewater rafters ply and play in the mountains' many streams. As you make your way east, you will discover fertile hunting grounds and endless ATV trails, with a wide-open prairie landscape that will stir your adventurer's soul and inspire you to take the road less travelled. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

Day Hiking Central Cascades Craig Romano 2013-01-03 [CLICK HERE](#) to download three sample hikes from Day Hiking Central Cascades 125 trails, each rated on an overall-quality scale of 1 to 5 Full-color photo insert and overview map 1% of sales donated to the Washington Trails Association for trail maintenance The Central Cascades offer some of the most accessible wilderness areas for urban Seattleites, with trails no less stunning or enjoyable than those in more remote regions. Day Hiking Central Cascades includes 50% more hikes than other regional guidebooks and focuses on cream-of-the-crop trails in these areas: Whidbey Island; Skykomish, Wenatchee, and Icicle River Valleys; the Entiat Mountains; the Lake Chelan area; and more. Compact in size,

this is the most up-to-date guide for the area, organized along highways and other travel corridors, and with an emphasis on trails that are 12 miles or less, round-trip, each of them hiked by the author.

**Mountaineers Books designates 1 percent of the sales of select guidebooks in our Day Hiking series toward volunteer trail maintenance. For this book, our 1 percent of sales is going to Washington Trails Association (WTA). WTA hosts more than 750 work parties throughout Washington's Cascades and Olympics each year, with volunteers clearing downed logs after spring snowmelt, cutting away brush, retreading worn stretches of trail, and building bridges and turnpikes. Their efforts are essential to the land managers who maintain thousands of acres on shoestring budgets.

Mountain Footsteps Janice Strong 2011

This edition of one of Rocky Mountain Books' bestselling hiking guides contains the latest updates to routes, trails and roads in the areas around Cranbrook, Kimberley, Creston, Invermere, Radium and Fernie, located between the Rocky Mountains in the east and the Purcell Mountains in the west, including the Akamina Kishinena, Top of the World, Elk Lakes, St. Mary's Alpine and Bugaboo Glacier Provincial Parks. This volume will entice hikers of all abilities. As with previous editions, readers will continue to appreciate the author's detailed descriptions and personal anecdotes, complete with colour maps and photos, related to one of the most stunning areas in western Canada. Janice Strong continues to enhance the outdoor experience for hiking enthusiasts from across the country and around the world.

[Epic Hikes of the World](#) Lonely Planet 2018-08-01 With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each

journey shares one defining feature: being truly epic. In this follow-up to *Epic Bike Rides and Epic Drives*, we share our adventures on the world's best treks and trails. *Epic Hikes* is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Inside Out British Columbia Jack Christie 1998 From serene Vancouver Island to the sparkling slopes of Whistler/Blackcomb, *Inside Out British Columbia* tells where, when, and how to enjoy the best outdoor

activities in the province.

Backpacker 2003-06 *Backpacker* brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, *Backpacker* is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. *Backpacker's* Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

Western Canada Handbook Matthew Gardner 2003 Covering three fantastic regions for lovers of the "great outdoors" - the Rockies, Alberta and the Yukon - this guide introduces British Columbia including Vancouver and Vancouver Island. Eco-tourism, sport-based holidays and wildlife viewing are all available in this region of Canada and are all covered in this handbook. It features detailed information on hiking trails, canoe routes, ski hills, rock climbing, mountain biking and more, as well as routes that leave the beaten track to discover the secrets locals usually keep to themselves, including viewpoints, free hot springs and special beaches. The guide also offers a selection of accommodation concentrating on interesting hotels, B&Bs and campsites.

Let's Go Pacific Northwest Adventure 1st Edition Let's Go Inc. 2004-12-13 The brand-new *Let's Go: Pacific Northwest Adventure Guide* is your must-have companion to the great outdoors of Washington, Oregon, and parts of British Columbia and Alberta. With fresh coverage of Waterton-Glacier International Peace Park, the Puget Sound islands, and Washington's Methow and Yakima Valleys, *Let's Go* is the best and freshest guide to the Pacific Northwest for travelers and natives alike. *Let's Go's* forty-five years of

practical savvy inform this book's must-have information on safety, car care, wilderness survival, and nature conservation. Up-to-date advice on wilderness leadership certification, organized trips, and extreme sports caters to the most serious adventurers. Whether your tastes turn to hiking the glaciers of Banff National Park or exploring the marble canyons of Oregon Caves National Monument, all you need is adrenaline and Let's Go.

Canada 2008

The Forgotten Explorer Samuel Prescott Fay 2009 North of Jasper, in the Canadian Rockies, is a large, spectacular wilderness of alpine flower meadows, glaciated peaks, canyons, waterfalls and abundant wildlife. Compared to the millions each year who visit Banff and Jasper national parks immediately to the south, this northern area sees few visitors. Fewer still have ever attempted to travel through this wilderness in one continuous trip. The first to do so was Samuel Prescott Fay in 1914. To this day, his exact route has never been duplicated. During his expedition, Fay kept a detailed journal (currently held at the Smithsonian Institution, Washington, DC), which he provided to the US Biological Survey (now known as the US Fish & Wildlife Service) and to various Canadian government authorities. However, the journal in its entirety has never been published. Brought together for the first time in book form, both maps and journal entries provide an early and dynamic record of an area that remains little known to this day.

Backpacking in Southwestern British Columbia Taryn Eyton 2021-05-11 A one-stop resource for hiking backpackers in beautiful British Columbia. Planning your next backpacking adventure? This book covers all the essentials including: 40 overnight hiking trails: discover the many different routes that BC has to offer Packing tips: take only the most essential items with you (plus a few comforts) Permitting: find out what permits you'll need, and where to

get them Camp set-up: tips for where to pitch your tent and how to find water Environmental impact: learn how to Leave No Trace behind in the wilderness This book features backpacking routes from the North Shore up to Pemberton and Lytton and from the Sunshine Coast out to the Similkameen Valley. Beautiful photographs showcase what you'll see along the way: mountain peaks, alpine meadows, waterfalls, old-growth forests, and more. Every backpacking route in the book includes bonus features: Trail maps and route descriptions Elevation, distance and time information Points of cultural and natural history Pre-planning hints about fees, permits, and reservations Suggested side trips and points of particular interest Backpacking in Southwestern British Columbia also shares options for extending an overnight excursion to several nights or a week, and for selecting hikes that match your timeline/fitness level.

Day Hiking: The San Juans & Gulf Islands Craig Romano 2014-05-21 Packable size filled with maps, elevation profiles, 130 photos, at-a-glance trail selection table, and more from a beloved trails author 1% of sales support trail maintenance in Washington As a hiking destination, the San Juan Islands of Washington and their sister islands to the north offer scores of parks and preserves, hundreds of miles of trails catering to hikers of all levels, and year-round accessibility. Day Hiking: The San Juans and Gulf Islands is divided into roughly four sections: Anacortes, for many the gateway to the region; the San Juan Islands themselves, including some key islands not served by Washington State Ferries; Victoria, Canada, providing easy access to the Gulf Islands, as well as other unique destinations; and the magical southern Gulf Islands. Author Craig Romano explores state parks, county parks, and provincial parks as well as some municipal and regional parks. He also features the recent expansion of San Juan Island National Historic Park on San Juan Island and the recently created Gulf Islands National Park Reserve, spanning

several of the southern Gulf Islands, both of which are not yet familiar to many hikers. While the star attractions are the ferry-accessed islands, Romano also features several of the larger islands that don't have ferry service (e.g., Stuart Island)—making this guide of interest to paddlers and boaters who are looking for hikes too! Key features of this guide: 136 hikes (approximately 50% American, 50% Canadian locations) Ferry travel tips Car-camping recommendations Border-crossing details All distances and elevations in both English and metric units Overview maps for both the San Juans and Gulf Islands

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Lonely Planet British Columbia & the Canadian Rockies Lonely Planet
2020-04-01 Lonely Planet's British Columbia & the Canadian Rockies is your most up-to-date advice on what to see and skip, and what hidden discoveries await you. Spot wildlife in Jasper, stroll Stanley Park's Seawall Promenade, and ski at Whistler- all with your trusted travel companion.

Fodor's the Complete Guide to The National Parks of the West Fodor's 2010 A guide to national parks in the West provides information on attractions, accommodations, restaurants, when to go, plants and animals, and activities for each park.

Vancouver Coast & Mountains BC Backroad Mapbook Russell Mussio
2019-05-13 Covering the southwestern

portion of British Columbia, including the greater Vancouver area and the cities of Squamish, Whistler, Lillooet, Hope and Chilliwack, this Mapbook is your ultimate guide to camping, hiking, fishing, ATVing, hunting, snowmobiling, paddling and wildlife viewing in this incredible region. From the laid-back communities of the Sunshine Coast to the lush rainforest of Manning Provincial Park, the alpine peaks and glacier-fed lakes of Garibaldi Provincial Park, the winding logging roads around Harrison Lake and beyond, the Vancouver, Coast & Mountains region is full of outdoor adventure opportunities. But with so much to see and do, getting started can be a challenge - that's why we have created the most comprehensive and easy-to-use Mapbook available for the region, allowing you to find the outdoor adventure that is just right for you. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

Exploring Prince George Mike Nash 2004 Showing why Prince George is a truly special place to call home, visit, or use as a staging point for British Columbia's northern hinterland, this guidebook encourages exploration of the city and the surrounding area, with an accent on self-discovery. The rivers, treed escarpments, abundant green spaces, and surrounding backcountry are waiting to be explored winter and summer. Urban walks and wilderness hikes mix with interesting facts, historic memories and practical information.

Mountain Footsteps Janice Strong
2018-05-07 This new edition of Mountain Footsteps is completely revised and updated, and includes enhanced colour maps and beautiful photos which will breathe new life into the outdoor experience

for outdoor enthusiasts. The trails and routes described in this bestselling guidebook are between the Rocky Mountains in the east and the Purcell Range in the west, including trips in Cranbrook, Kimberley, Creston, Invermere, Radium and Fernie areas. Also featured are the BC Provincial Parks Akamina-Kishinena, Top of the World, Height of the Rockies, Elk Lakes, St. Mary's Alpine and Bugaboo Glacier. New to this edition is the inclusion of basic information on established bike trails for those users interested in recreational cycling. As well, there is an entirely new selection of day hikes in the northern Purcells and a number of short hikes and walks in the lower elevations of the East Kootenay.

Northern British Columbia Canoe Trips

Laurel Archer 2010-09 This second volume of the guidebook series Northern British Columbia Canoe Trips describes in detail 7 spectacular northern BC paddling routes over 11 phenomenal rivers, and is designed to provide canoeists with all the information they require to plan a river trip appropriate to their skill level and special interests. Each route includes: a summary of the main attractions; where to start and finish along the river; trip length in days and kilometres; required maps; suggestions about when to go; and star ratings for difficulty and for historical and recreational value. Northern British Columbia Canoe Trips: Volume Two covers numerous routes—some never documented in any publication before—including the Spatsizi, Upper and Lower Stikine, Tatshenshini/Alsek, Turnagain, Kechika, Toad, Liard, Tuchodi and Muskwa rivers. The book provides paddlers of all types with a variety of river trips to choose from based on comprehensive and comparative information as well as detailed and specific navigational notes to aid them along their chosen route.

Hiking the Pacific Crest Trail: Oregon Eli Boschetto 2016-12-15 • Inspirational full-color guides with over 150 color photographs in each Hiking the Pacific Crest

Trail: Oregon is written by Eli Boschetto. A hiker, writer, and photographer, Eli reveled in going deep for Oregon! Since 2011, he has been the editor of Washington Trails magazine, which he manages from his home in Portland, Oregon. Eli is also a regional correspondent for Backpacker magazine. The Pacific Crest National Scenic Trail (PCT) meanders from the California-Mexico border north to the border of Washington and Canada. It's a rigorous trail, first envisioned in 1926 and now encompassing some 2,650 miles. Each volume of this new series focuses on section-by-section pieces of the PCT and includes the following features:

- Trail sections of 4- to 10-night trips
- Detailed camp-to-camp route descriptions
- Easy-to-understand route maps and elevation profiles
- Details on specific campsites and most-reliable water sources
- Road access to and from various trail sections
- Info on permits, hazards, restrictions, and more
- Alternate routes and connecting trails
- Clear references to the PCT's established system of section letters, designating trail segments from Mexico to Canada—so you can easily cross-reference the guides with other PCT resources
- Key wilderness sights along the way
- Suggested itineraries

Fodor's the Complete Guide to the National Parks of the West Debbie Harmsen 2007 A guide to national parks in the West provides information on attractions, accommodations, restaurants, when to go, plants and animals, and activities for each park.

Cape Scott and the North Coast Trail

Maria I. Bremner 2015-03-07 Part trail map, part field guide, part regional history, Cape Scott and the North Coast Trail is the first comprehensive guidebook about one of Vancouver Island's most iconic destinations. Each year, thousands of backpackers and nature lovers head to the northern limits of Vancouver Island, bound for the jewel of the region: Cape Scott Provincial Park and the recently completed North Coast Trail. Cape Scott, 115 kilometres of wave- and weather-

beaten coastline, encompasses every dramatic element of Pacific Northwest geography. Rocky headlands neighbour sandy beaches and protected coves; bogs house sensitive amphibians and plants; and inland, a dense network of towering conifers, ferns, salal and beds of moss define the rainforest. The North Coast Trail wends its way through this paradise, offering hikers a rugged trek to Cape Sutil, a place steeped in First Nations history, beautiful ocean views along the long sandy beach at Shuttleworth Bight and glimpses of one of the largest intact coastal wetlands in British Columbia, an upland bog housing sandhill cranes and a variety of endemic species. Cape Scott and the North Coast Trail equips visitors with everything they need to know to make the most of the park. Illustrated with accurate maps and vivid photographs, and loaded with details about biology and human history, the guide is perfect for the day tripper, serious backpacker or anyone wanting to learn more about the culture and wildlife of the region.

The Rough Guide to Canada Tim Jepson 2004 THE ROUGH GUIDE TO CANADA is the definitive handbook to this diverse country. Features include: Full-colour section introducing Canada's highlights. Detailed accounts of the big cities and small towns, from cosmopolitan Toronto and atmospheric Québec City to the Gold Rush-era relics of the Yukon. Discriminating reviews of hundreds of hotels, restaurants, bars and clubs to suit all tastes and budgets. Practical advice on a range of activities, from hiking and skiing in Banff to fishing and sailing in the Maritime Provinces. Expert background on Canada's history, wildlife and its aboriginal peoples. Maps and plans covering the entire country.

The Great Hikes of Vancouver, B.C. Karl Woll 2013-07-12 From stunning waterfalls to endless vistas, discover the BEST hiking Vancouver, B.C. has to offer. The Great Hikes of Vancouver includes a hand-picked selection of the top ten must-do hikes for

your next adventure in Southwest British Columbia's impressive wilderness. Covering a wide variety of hikes, these are the classics of Vancouver hiking that you don't want to miss. The guide for each hike contains: - Overview and turn-by-turn description - Difficulty rating and distance - Elevation gain, and highest point - Time needed Directions to the trailhead - Further resources & more Safety, wildlife, and gear guidelines are provided to help you make the most of your trips. Each hike has photos, camping information and additional resources so you have all the details you need - because your time should be spent enjoying the amazing scenery, not researching. Having thoroughly explored the area's vast hiking trails over the past decade, author Karl Woll brings an intimate knowledge of the hikes you must see. Whether you're visiting Vancouver for the weekend or a long-time resident, this guidebook will get you out enjoying the most rewarding hikes Vancouver has to offer. Hikes included are: Joffre Lakes, The Stawamus Chief, Garibaldi Lake, Panorama Ridge, Crown Mountain, Norvan Falls, Coliseum Mountain, Mount Seymour, Sendero Diez Vistas and the Howe Sound Crest Trail (which covers St. Marks Summit, the Lions, Mount Brunswick, Deeks Lake, etc). The hikes in this book range from moderate to difficult. Sorry, there are no easy walks in here! 2nd Ed., Revised for 2017

Northern BC Backroad Mapbook Russell Mussio 2018-06-30 Northern BC is a vast area, covering more land than the entire country of Sweden. In the west, the port city of Prince Rupert sits nestled among the majestic coast mountains, acting as a gateway to the Pacific Ocean and the incredible islands of Haida Gwaii. To the east, the Rocky Mountains cast their imposing shadow over the land, attracting hikers, mountaineers and ski tourers from far and wide. As you move north towards the Yukon border, the human population becomes sparser and nature rules the land. In between, places like Spatsizi Wilderness

Provincial Park contain some of the most breathtaking landscapes in the country. Whether you are looking to fish, camp, ATV, snowmobile, view wildlife or just take in the sights along the region's many roads, Northern BC offers an abundance of adventure. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

Western Canada Ulysses Travel Guides 2004-03 This guide covers British Columbia, Alberta and Manitoba, including the Rocky Mountains, their ski resorts and national parks, the metropolis of Vancouver and a stop in Victoria for tea.

Kootenay Rockies BC Backroad

Mapbook Russell Mussio 2018-05-16 Tucked into the southeast corner of BC, the Kootenay Rockies are one of Canada's best-kept outdoor adventure secrets. As you move west from the world-famous peaks of the Rocky Mountains, the crowds thin out and the opportunities for outdoor adventure grow. Forest-covered mountains hide sun-filled valleys, where rainbow trout swim in sparkling streams and deer graze along the shoreline. A maze of logging roads extends deep into the backcountry, offering access to countless campsites and hiking and mountain biking trails. In the winter, the region is covered by a thick layer of dry, fluffy snow, affectionately referred to by the locals as champagne powder. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

Waterfall Hikes in Southern British Columbia RMB Rocky Mountain Books 2021-04-09

105 Hikes in and Around Southwestern British Columbia Stephen Hui 2018-05-22 The all-new, expanded follow-up to southwestern British Columbia's best-selling hiking guidebook—now featuring trails on the islands and northern Washington. For nearly fifty years, David and Mary Macaree's iconic 103 Hikes in Southwestern British Columbia has been the province's most popular and most trusted hiking guide, with more than 100,000 copies sold to date. Author Stephen Hui carries on the Macarees' legacy in 105 Hikes in and around Southwestern British Columbia—an all-new, expanded follow-up inspired by their beloved classic. With an additional selection of trails on the Gulf Islands and in Washington's North Cascades, options for hiking with children, and rainy day recommendations, 105 Hikes covers a wider area and wider range of abilities than its predecessor. Like the Macarees, Hui provides detailed information about how to get to each trailhead (including transit options, where available), distance and elevation gains, estimated hiking times, and points of natural or historical interest. But he also includes all-new features such as an at-a-glance summary of all the hikes in the book; tips for hiking safely and ethically; clear, topographical color maps; a rating system for hike quality and difficulty; Indigenous place names where appropriate; and shorter or longer options for every outing.

[Mountain Footsteps](#) Janice Strong 2011-02-25 This edition of one of Rocky Mountain Books' bestselling hiking guides contains the latest updates to routes, trails and roads in the areas around Cranbrook, Kimberley, Creston, Invermere, Radium and Fernie, located between the Rocky Mountains in the east and the Purcell Mountains in the west, including the Akamina Kishinena, Top of the World, Elk Lakes, St. Mary's Alpine and Bugaboo

Glacier Provincial Parks. This volume will entice hikers of all abilities. As with previous editions, readers will continue to appreciate the author's detailed descriptions and personal anecdotes, complete with colour maps and photos, related to one of the most stunning areas in western Canada. Janice Strong continues to enhance the outdoor experience for hiking enthusiasts from across the country and around the world.

Moon Drive & Hike Pacific Crest Trail

Moon Travel Guides 2020-03-17 Whether you're day hiking or taking a weekend getaway, hit the road and hit the legendary trail in California, Oregon, and Washington with Moon Drive & Hike Pacific Crest Trail. Make your escape on shorter trips from nearby cities, hit all the national parks along the PCT, or drive the entire two-week route from California to Washington Find your hike along the Pacific Crest Trail with detailed trail descriptions, difficulty ratings, mileage, and tips for picking the right section of the trail for you Discover adventures on and off the trail: Watch the bubbling mud pots below Lassen Peak or admire Joshua trees in the sparse and peaceful Mojave Desert. Savor artisan, homemade-style pies of all kinds in Julian, sample craft beers in Bend, or gorge yourself at Timberline Lodge's gourmet brunch buffet. Cross the Columbia River on the historic Bridge of the Gods, climb into the massive granite peaks of the North Cascades, or catch a magical sunrise over the eastern edge of Oregon's Crater Lake Take it from avid hiker Caroline Hinchliff, who shares her insight on the best spots for wildlife-watching, glamping, or having a Wild moment Full-color photos, strategic itineraries, easy-to-use maps and site-to-site driving times Get the lowdown on when and where to get gas, how to avoid traffic, and braving different road and weather conditions, plus tips for LGBTQ travelers, seniors, and road-trippers with kids With Moon Drive & Hike Pacific Crest Trail's practical tips and local know-how, you're ready to lace up your hiking boots, pick a trailhead, and embark on your adventure. For more epic getaways, check

out Moon Drive & Hike Appalachian Trail.

Hiking the Pacific Crest Trail: Northern California Philip Kramer 2018-02-09 The final two (of four) volumes for the entire 2,650-mile Pacific Crest Trail (PCT) All-color photos, maps, elevation profiles, charts, and more Dream books—and precious gifts—for trail lovers everywhere From the preeminent outdoor publisher in the West come the latest volumes in this new, unparalleled series of guidebooks to the region's most famous trail. The Pacific Crest National Scenic Trail meanders north from California's border with Mexico to the entrance of Manning Provincial Park in British Columbia, on the Washington State-Canada border. It's a rigorous trail that has evolved since its earliest envisioning in 1926 to encompass approximately 2,650 miles of rich and varied terrain, traveling through some of the West Coast's most beautiful country. It inspires hikers of all ages and abilities to imagine the ultimate wilderness journey. The Southern California and Northern California guides of Hiking the Pacific Crest Trail complete the four-volume set written for hikers planning to just tackle the trail sections in their nearby region, those who will chip away at pieces of the whole trail over a lifetime, or trekkers who set out in the SoCal desert and charge all the way to Canada. These are lushly attractive guidebooks--good reads and gorgeous to page through to boot—but they also offer invaluable hiking beta. Each volume focuses on section-by-section routes in each state (or region), and provides important details to help hikers plan and organize multi-night backpacks. Here's what's included with each expertly written guidebook: • Trail sections that promote 4- to 10-night trips • Smaller section legs allowing for easier planning and trail-time management • Detailed camp-to-camp route descriptions • Easy-to-understand route maps • Clear references to the PCT's established system of section letters, designating trail segments from south to north, Mexico to Canada, so hikers can easily cross reference other trail resources •

Details on specific campsites • Most reliable water sources • Access to and from various trail sections • Info on permits, hazards, restrictions, and more • Alternate routes and connecting trails • Key wilderness sights along the way • Suggested itineraries

Unlike other PCT guidebooks, this series focuses on section hikers, who make up the vast majority of adventurers on the trail. Only a handful of folks complete a thru-hike of the trail in one trip, but the trail's popularity continues to grow. In 2015, long-distance hikers and horseback riders from all 50 states and 34 countries were issued permits to vacation on parts of the PCT. It is one of the seminal bucket list items for outdoor lovers, whether that means completing just your own state . . . and then the next . . . and then the next . . . or as far as your dreams will take you.

Canadian Rockies Backroad Mapbook

Russell Mussio 2016-07-02 This book focuses on the Canadian Rocky Mountain Parks — an interconnected system of provincial and national parks covering more than 30,000 square kilometres (18,630 mi²). These parks vary in popularity and access – some see millions of visitors each year, while others see visitors in the tens of thousands. Some parks are easily accessed from a major highway, while others require rigorous journeys by foot, horse or plane. Each of these parks offers a unique twist on the dramatic landscapes that define the Rockies – towering mountain peaks, rushing rivers, ancient glaciers, wildflower-filled meadows, brilliant blue lakes and dense forests make up this outdoor paradise. With so much area to explore, it can be overwhelming trying to decide on where to go. Luckily, our Canadian Rockies Mapbook provides a well-organized and easy-to-use breakdown of the region's parks to help you decide on the adventure that is right for you. With state-of-the-art topographic maps, detailed trip-planning resources and meticulously researched adventure listings, our Mapbook will ensure you make the most out of your Rockies experience.

British Columbia Almanac Mark Forsythe 2000 British Columbia is a province of extraordinary extremes: urban areas and rural territories; lush farm terrain and mountain vistas; balmy ocean views and frozen snowscapes. Its population is equally diverse: gardeners, skiers, bush pilots, filmmakers, fishermen, and assorted eccentrics who could have only come from British Columbia. Through it all, CBC Radio 1's BC Almanac has documented BC life in all its various forms. British Columbia Almanac, written and compiled by host Mark Forsythe, provides a fun, informative, and captivating snapshot of the province and its habits. Chapters are devoted to each season of the year in BC. For example, "Summer" will include barbecue recipes, hidden hiker trails, cougar attack tales, best roadside diners, and favourite campsites; "Winter" will include recipes for soups and stews, skiing trivia, winter survival stories, and Christmas in BC anecdotes. There will be essays by regular BC Almanac contributors such as gardener Brian Minter, historian Jean Barman, and outdoors expert Jack Christie--all of them accomplished authors in their own right--as well as personal anecdotes and photographs from the program's listeners located in all parts of the province, reporting on life in their neck of the woods. Scattered throughout are various BC trivia and facts, as well as behind-the-scenes tales of the show itself, a fixture on CBC Radio 1 since the 1980s. Two-colour throughout; includes numerous photographs and illustrations.

Get Your Boots Dirty; Solo Hiking In Southern Alberta Allen Szabon

2021-07-07 What do you get when you draw a border around the dozens of provincial parks and recreational areas west of Calgary, Alberta? Oh, just thousands of square kilometers of the most pristine wilderness at the front ranges of one of Alberta Parks' crown jewels - the majestic Kananaskis Country (K Country). Imagine having the knowledge to leave your home and return hours, days, or weeks later with memories of a wilderness adventure

Through the book *Get you boots dirty*, the author provides a fascinating insight into the world of solo backpacking. Whether you are a beginner or a hiking pro, this book treats its readers to detailed thoughts on the intricacies of planning an adventure choosing the right gear, sustainable food, and water, what to do if you encounter animals or a medical emergency. He covers safety faucets, winter essentials, trail etiquette, and the risks and rewards involved to achieve the joy of solo hiking and backpacking everything is covered. this book is truly an inspiration that should be read by whoever is interested in solo hiking.

Vancouver Island BC Backroad

Mapbook Russell Mussio 2020-07-01 Known for its beautiful scenery and abundant forests, beaches, and wildlife, Vancouver Island is just a short ferry ride away from the bustling Lower Mainland. Get away from it all on a multi-day hike along the West Coast Trail, view some of the world's largest trees in Strathcona Provincial Park, reel in

the catch of a lifetime in Campbell River (the "Salmon Capital of the World"), or explore the charming Gulf Islands by kayak - there are endless outdoor adventure opportunities! The Vancouver Island Backroad Mapbooks 9th edition includes many map updates and cartographic style changes including enhanced private land, expanded fish species and countless multi-use trail and ATV trail additions. The Adventure listings have also been expanded and updated to ensure you get the most up-to-date and accurate information possible for your adventure of choice. Features - Map Key & Legend - Topographic Maps - Detailed Adventure Section >> Backroad Attractions, Fishing Locations, Hunting Areas, Paddling Routes, Parks & Campsites, Trail Systems, ATV Routes, Snowmobile Areas, Wildlife Viewing, Winter Recreation, Service Directory, Accommodations, Sales & Services, Tours & Guides, Index, Adventure Index, Map Index, Trip Planning Tools,

Frommer's British Columbia & the Canadian Rockies 2004